



# Cranbrook Primary School Newsletter

Issue: 26  
24<sup>th</sup> April 2024

## Thought of the week

"Respect for ourselves guides our morals. Respect for others guides our manners." (Laurence Sterne)

### Message from the Head teacher:

Dear Parents/carers,

We hope those who were celebrating Passover and St George's day enjoyed joyous celebrations.

It is beautiful to celebrate these moments together and the diversity of our school community. We would love to hear about the different ways our families celebrate their moments.

**EYFS parents:** Please also note that from next Monday the EYFS gate on the pavilion side will no longer be in use. We feel it is best to only have one entrance/exit for the safety of our children.

Please use the gate from the main car park to enter the EYFS area.



## Key Dates

### Term Dates for 2024

#### **Summer Term 2024:**

Monday 15<sup>th</sup> April – Tuesday 23<sup>rd</sup> July  
2024

#### **Half term break:**

Monday 27<sup>th</sup> May to Friday 31<sup>st</sup> May 2024

### **Summer term Parents/carers Workshops in the Main hall from 9am-9.30am**

25<sup>th</sup> April - Y5-Parents in Class

30<sup>th</sup> April - Reception - Early reading focus

1<sup>st</sup> May – Nursery- Parents in Class

### **Monday 22<sup>nd</sup> April 2024-Monday 17<sup>th</sup> June, 2024**

Year 5 Red swimming lessons  
(every Monday morning)

## **Class Photos-**

### **Friday 26<sup>th</sup> April 2024**

**Year 6 SAT's week-Monday 13<sup>th</sup> May-  
Thursday 16<sup>th</sup> May 2024**

**Year 5G/5R-Wednesday 15<sup>th</sup> May 2024-  
Trip to Maritime Museum**

**Year 5B/5Y-Thursday 16<sup>th</sup> May 2024-Trip  
to Maritime Museum**

### **Inset Days 2023-2024:**

3<sup>rd</sup> June 2024

**School will be closed on Inset days**

### **Maintaining a Safe and Respectful School Environment**

Dear Parents and Carers,

Thank you for your support in improving communication and behaviour during collection and drop off times. The partnership between yourselves, the SLT team and staff sets the best example for our children

Please find attached our Visitor's Code of Conduct Policy. We remind you that all parents/carers are visitors to our school and we expect all our visitors to behave in a mature and professional manner.

Everyone, both children and adults, deserve to feel safe and respected at all times. As members of our school community, we must embody the values we teach our children, particularly those of 'Respect' and 'Kindness'.

Should anything negative occur, we would ask that you DO NOT confront other parents/carers or children with concerns, but speak to us instead and we will do our best to resolve any issues.

Thank you for your cooperation and commitment to making our school a positive and safe environment for everyone.



### **The Acrobatic Swan Lake:**

Date: Friday 21st - 29th June 2024  
Location: Sadler's Wells Theatre

Take your family to a unique fusion of Western Classical Ballet and mesmerizing Chinese Acrobatic Arts.

With student tickets from just £10, don't miss this limited run show that's sure to wow.

Plus, our friends at The School Trip have an exclusive discount code for family tickets you can use!

The Family Ticket is 4 tickets for £150 on the £85 price band (a saving of £190!)

\*Promo code: TSTFAMILY

[https://my.sadlerswells.com/58730/?promoApplied=true&utm\\_source=ActiveCampaign&utm\\_medium=email&utm\\_content=See%20The%20Acrobatic%20Swan%20Lake%20this%20summer&utm\\_campaign=Acrobatic%20Swan%20Lake%20Solus%20%2817%20Apr%2024%29%20AB%20TEST&queueitoken=e\\_247waitingroom~q\\_14b003b2-ae7d-4953-80d7-065ef6a91495~ts\\_1713337274~blue\\_true~rt\\_safetynet~h\\_d2f6c4c2dd0d35ccc3a1255e8e3d98e1961fbdf78eb23ce416ae9aa71a1b30c](https://my.sadlerswells.com/58730/?promoApplied=true&utm_source=ActiveCampaign&utm_medium=email&utm_content=See%20The%20Acrobatic%20Swan%20Lake%20this%20summer&utm_campaign=Acrobatic%20Swan%20Lake%20Solus%20%2817%20Apr%2024%29%20AB%20TEST&queueitoken=e_247waitingroom~q_14b003b2-ae7d-4953-80d7-065ef6a91495~ts_1713337274~blue_true~rt_safetynet~h_d2f6c4c2dd0d35ccc3a1255e8e3d98e1961fbdf78eb23ce416ae9aa71a1b30c)

\*Subject to availability. Excludes 22, 23, 29 Jun 2:30pm shows. Family Ticket = 4 tickets. Valid on £85 tickets ONLY. Book by 31st May. Not available in conjunction with any other offer or discount. £3.50 transaction fee applies to all telephone and online bookings. 50p per ticket levy applies.

### **Online Safety: Fake News and misinformation**

The internet can be used as a tool for liberation, but it also has a dark side.

With so many sources of information online, some children might struggle to make sense of what is true.

Misleading information comes in many shapes and sizes. Having good media literacy skills can help children assess whether information is factual or is misleading.

Use the URL link below to learn about misinformation and fake news, what it looks like and how it impacts children's wellbeing and safety online. The link provides helpful tips and guides.

Click the link below for further support.

<https://www.internetmatters.org/issues/fake-news-and-misinformation-advice-hub/>

### **Make it Happen' and JP Morgan App winners**

We are pleased to announce our winners for the App competition in Ks1 Zaynah Butt 2B and in KS2 Rithvik Gupta 6G who won a smart watch.

The 'Runners Up' were Ismail H 1G, Macey 3Y, Aniela R 4G, and Zoya M 5Y.

The 'Best Design' went to Tianna. S 5Y, Aasiya 4B, Khadeeja 3Y, Ishaq 6R, Yasin. A 2R and Maryam Jawad 1R and Safa R 6B. The 'Best Idea' went to Amani 5R, Afiya M 4G, M.Rizwan Ghokal 2R, Laila 6R and Sufyaan 1G.

All children received prizes and certificates from our generous sponsors JP Morgan.

The winning entries will have further opportunities to collaborate with designers to develop their app and make it go LIVE on the Make it Happen website. We will let you know when this is ready. All the entries were of a high standard and we thank you once again to everyone who participated.

**Rehana**

### **Year 6 SATs Week - Monday 13th May - Thursday 16th May 2024**

If your child is in Year 6, please ensure that he/she arrives in school on time each day, as the tests will begin promptly.

**Lost Property** If your child has lost an item of clothing in school, please take a look at the **Lost Property Tubs**, which are located in the school playground by the green sheds.

Safoorah in 2G has lost her green school cardigan. Her name is on the label. If you find it, please return to class 2Green.



### **EPT Coffee Morning-Friday 3rd May 2024:**

Please see the attached leaflet for more information.

### **Class Photos-Friday 26th April:**

Class photos will take place on Friday 26th April 2024. Please make sure your child is in full Cranbrook uniform on that day.

### **Looking after your Mental Health**

Feelings or emotions are caused by chemical messengers in the brain, known as hormones and neurotransmitters. So feeling happy, sad, excited or angry are all 'chemistry'. 4 of the important ones are explained below. Next week we'll talk about how to increase the release of them to our brains.

**HOW TO GET YOUR DAILY DOSE OF HAPPINESS CHEMICALS**

**DOPAMINE**

- Enables motivation, learning and feelings of pleasure
- Gives you determination to accomplish goals, desires and needs

**OXYTOCIN**

- Gives feelings of trust, motivates us to build and sustain relationships
- Known as the 'love hormone' - the plays a role in bonding

**SEROTONIN**

- Feeling significant or important among peers
- Calm form of accepting yourself with the people around you

**ENDORPHIN**

- Releases a brief euphoria to mask physical pain
- Responds to pain and stress to alleviate anxiety and depression



## Attendance Winners

Well done to **Year 6 Green** for achieving **100%** attendance this week!

**Remember Good attendance= Good Progress**

Congratulations to 1 Green on completing the 15 days attendance challenge for "Every day matters" and achieving 100% attendance. Therefore as a reward they will have a non-uniform day tomorrow Thursday 25<sup>th</sup> April 2024!

### Email address to report an

**Absence:** Please report any absence for your child on the email address below:

**absence@cranbrookprimary.redbridge.sch.uk**

Please see the poster attached for how does school attendance affect a child's learning!

**Gold Awards:** : Ava. R, Liliana. I, Dhruv. B, Prithy. K-1G, Aditya. K, Aaia. W, Aiza. M, Ibrahim. M-4B, Essa. P, Anaya. I-5R, Ahnaf.H-6B

### Star of the week for Reception:

Mahsa. Q-RR, Joshua. S-RY, Diana. B-RG, Kenzo. B, Iona. P-RB

## Achievement Awards for Maths:

Name	Class
Gabriel. P	1R
Mikael. P	1Y
Zain. N	1G
Sophia. T	1B
Alexandra. M	2R
Zoya. S	2Y
Hannah. I	2G
Ayaan. K	2B
Artem. B	3R
Zoya. A	3Y
Sami. N	3G
Emilijus. S	3B
Nura. M	4R
Aliza. K	4Y
Aniela. R	4G
Ryan. C	4B
Zala. H	5R
Ekam. S	5Y
Zariya. S	5G
Alex. T	5B
Oleksander. B	6R
Yusuf. Q	6Y
Saira. J	6G
Hareem.T	6B

### Star of the ARP:

**Kaihan. S**



### Rights Respecting:

#### **Article 42:**

Everyone should know children's rights - by **Ajwa Noor Atiaf 5R.**

It is important that all parents, adults and children know the rights of a child. They should be followed always. They protect children from danger. By learning and following the rights of a child, we ensure we protect children and give them freedoms to express themselves.

**Well done everyone!**

### Family Maths Challenge:

Answer to last week's challenge: What a weird parking area! Or can it be possible that we look at it wrongly?



What is the next number in the series? 7.645 5.764 4.57

### Redbridge Choir Competition-April 2024:

A huge congratulations to the Cranbrook School Choir, who placed third in the first ever borough wide choir competition. The children impressed the judges with the use of body percussion, soloists and instruments alongside some great harmonies! A massive thank you to Danielle for all of her hard work in preparing the choir and rehearsing with them endlessly. We would also like to thank Sharifa and our parent volunteers who supported on the trip enabling our children to participate. Well done to everyone involved!

The names of the children who participated in the Choir Competition are below:

Ayman.R-4G, Aniela. L-4G, Alex. R-4Y, Alinne. B-4Y, Harrison. K-4Y, Shanzly. T-4Y, Hana P-5R, Amani A-5R, Ariana A-5R, Beatrice C-5R, Maria P-5R, Zaheera B-5R, Inaya H-5 Y, Javeria I-5Y, Luize T-5Y, Saira H-5Y, Zoya M-5Y, Yeshanee G-6B, Riley James H-6G, Sumayyah N-6G, Chizaram A-6R, Ismail A-6R, Joseph S-6R, Laila S-6R, Maaria A-6R, Thea T,6 R, Georgie-Ann .B-6Y, Olivia C-6Y Well done Everyone!

**Wellbeing Coffee Morning:** Dear Parents/Carers, we are delighted to let you know that we are launching a range of new services to support parents and carers.

Services will include specialist one to one emotional support, support groups, courses and workshops, all of which are free of charge.

Parents will be more involved, be given choices and have an opportunity to ask for the type of support required so that support can be tailored to meet each individual's needs.

There will be more flexibility, with an option to access support online from the comfort of your own home or face to face in school.

We will be hosting a **Wellbeing Coffee Morning** where you can come along to find out more, on **Tuesday 30<sup>th</sup> April from 9am – 10am in the Dance Studio.**

We will have free refreshments, a raffle and giveaways. Under-fives are welcome to.

We look forward to seeing you on the 30th!

Please see the attached poster for more information.

### Use of the School Field by Year 5 (Tues & Thurs) & Year 6 (Mon, Wed & Fri )at Lunchtimes

Parents, please note, children in Years 5 and 6 will be using the field from next Wednesday. The children who bring a packed lunch will be allowed to go over to the field for the duration of lunchtime with supervision, so that we can make the most of the weather from next week. Any child on free school meals will be provided with a meal.

### Who Inspires YOU!

We would love you, our parents & carers, to share recommendations of individuals who inspire you or your children, especially from your own culture.

Your diverse insights will contribute to a variety of inspirations within our school community.

Please send them to:

**Admin.cranbrookprimary@redbridge.gov.uk**



### Celebrating Cultural Connections- Celebrating diversity across our school:

#### Marley Dias

At 11 years old, Marley Dias was frustrated that most children's books she saw were not culturally diverse. That's why she decided to launch the #1000BlackGirlBooks Twitter campaign to collect and donate books that would help Black girls feel seen.

Marley was able to donate more than 9,000 books through the program, and at the 2017 Forbes' Women Summit, she said of her experience, "I'm working to create a space where it feels easy to include and imagine Black girls and make Black girls like me the main characters of our lives."

To spread the word about Marley's vision for children's literature, you can read her book Marley Dias Gets It Done: And So Can You! as a class.