







raising standards















PE Curriculum Intent

Cranbrook drives an inclusive, high-quality PE curriculum which promotes and delivers improvements in children's physical and mental well-being with a particular emphasis on healthy lifestyles.

Our curriculum aims to instil values of competitiveness, self-challenge and personal development, while embedding values of fairness and sportsmanship. We offer children a range of opportunities to gain new life skills and experiences to enable them to build resilience, raise **aspirations** and develop a **growth mind set**. We also want our children to become independent and assured in making decisions that enable them to improve their physical, mental and social wellbeing.

PE at Cranbrook provides all children with positive school experiences and educates them on how to stay active and live healthy lives. In turn we aim to **enrich** our children's physical literacy by motivating them to become physically competent and participate in sport for life through **local**, **community** facilities and sports clubs.

By engaging children in lunchtime and extra-curricular sports clubs we want our children to become integrated into the Cranbrook community. In turn, our children will become confident communicators as they develop **social skills** and become more **articulate** when **conversing** with peers and members of staff.

Cranbrook recognises sport and Physical Education as a key aspect of **British life** and culture. Through increased access, participation and exposure to sport, we want our children to be aware of the ambition, determination and commitment required to succeed in sport and how these **values** can be applied to their day to day lives.



